

**VirgiCnia Area Al-Anon**  
**2018 Spring Assembly**  
*“Building Healthy Groups through Attention – Appreciation – Affection”*  
**May 19-20, 2018**  
**DoubleTree by Hilton 1021 Koger Center Blvd Richmond – Midlothian**  
**Please turn off all cell phones.**

**Friday 18 May**

7:15 Area Officers Meeting Suite 802

**Saturday 19 May**

9:15-9:45 How to Get the Most Out of Assembly Duane F. Shenandoah A

10:00-11:30 Opening Session for Group Representatives and Interested Members Terry W. Shenandoah C and D

10:00-11:30 District Representatives Workshop Duane F. Shenandoah A

11:30 Lunch on your own. See Restaurant Guide in your registration packet, or bring a brown bag!  
 1:00 General Session Shenandoah C and D

Serenity Prayer Valerie P., Area Chair

Welcome and Remarks Valerie P.

12 Steps Tina E.

12 Traditions Rick A.

12 Concepts of Service Bruce B.

Introduction of New Groups Valerie P.

Introduction of Past Delegates, Trustees and Visitors Valerie P.

Introduction of Area Officers and Coordinators Valerie P.

Concept 1 Valerie P.

1:25 Registration Committee Report Peninsula

1:30 DR Roll Call Wendy R., Area Secretary

1:40 Approval of 2017 Spring Assembly Minutes Wendy R.

Approval of the Agenda Valerie P.

Approval of Treasurer’s Report Bruce B., Area Treasurer

Alternate Delegate’s Report Terry W., Area Alternate Delegate

2:00 Delegate’s Report Duane F., Area Delegate

2:30 Stretch Break

2:45 Delegate’s Report Cont’d Duane F., Area Delegate

3:00 Coordinator, Liaison and Committee Reports

Public Outreach Brook S.

Literature JC L.

Group Records Leslie K.

AAPP Diane B.

Alateen Stacy L.

Archives Sue A.

	Northern VA Service Center	Yumiko	
	Tidewater Service Center	Stacy L.	
	MEAC	Wendy	
	ESAC	Jeff H.	
3:15	Break/Literature Table	Northern VA Service Center	Shenandoah Corridor
3:45	VAWSC Action & Voting Items <ul style="list-style-type: none"> <li>Area Officer/Coordinator Position Descriptions</li> <li>Convention Position Descriptions</li> <li>Area Archives</li> </ul>	Valerie P.	
4:15	Website Update	Sue V.	
4:30	Convention Updates		
	Puzzled? Recovery First: A Capitol Idea Washington August 23-25, 2019	Christy B.	
	International Convention: Baltimore July 5-8, 2018	WSO	
4:45	Break/Room Check In		Front Lobby – 1 <sup>st</sup> Floor
6:15	Dinner		Shenandoah C & D
7:15	Workshops – First Session		
	1a. Sponsorship	Tom S.	Anna
	2a. Embracing Diversity in our Meetings	Merrie & Ellie	Bon Air
	3a. You're not alone! Getting others to step up in Service	Wendy & Robin	New River
	4a. Guidelines for a Successful Workshop	Ann & JC	Shenandoah B
	5a. Al-Anon Online Resources	Darren & Sue	York
	6a. Business Meetings & Group Conscience	Gina	Shenandoah A
8:30-?	Can we talk?		
	GR Chat Room	Terry W.	Shenandoah C&D
	DR Chat Room	Valerie P.	Shenandoah A
9:15	Night Owl Meeting	Robin B.	York Room
<b>Sunday 20 May</b>			
7:00	Early Bird Meeting	Laura L.	York Room
7:30	Breakfast Buffet		Shenandoah C and D
8:45	Reconvene General Session		Shenandoah C and D
	Spiritual Speaker	Christy M.	
9:30	Break/Check Out		Ballroom Corridor
10:00	Workshops – Second Session		
	1b. Sponsorship	Rick A.	Anna
	1b1. Alateen Sponsors	Tina & Ginny	
	2b. CAL & Journaling	Nancy S.	Shenandoah B
	3b. Three Obstacles to Success	Judy T.	New River
	4b. Conflict Resolution in Groups	Laura & Christy	Chesterfield
	5b. Increasing Participation in your Group Inventory	Brook S.	York Room
	6b. Business Meetings & Group Conscience	Bruce B.	Shenandoah A

11:00	What's Happening? Open House	District Open House	Shenandoah C&D
11:30	Break Out Sessions/Report Back		
12:00	Seventh Tradition	Bruce B.	
12:02	Thumbs Up/Thumbs Down 2 minute comments on Assembly Complete evaluations	Assembly	
12:15	Closing and Al-Anon Declaration	Valerie P.	

Let it begin with me...

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there,  
and let it begin with me.

## Upcoming Dates

### 2018

March 3	VAWSC	TBD
May 19-20	Spring Assembly	DoubleTree, Midlothian
June 2	Area Officers Meeting	WebEx
July 5-8, 2018	Al-Anon International Convention <a href="http://www.al-anoninternationalconvention.org/">http://www.al-anoninternationalconvention.org/</a> MEAC	Baltimore, MD
August 4	VAWSC	TBD
August 11	Alateen Sponsor Workshop	Williamsburg
October 20-21, 2018	Fall Assembly – VOTE for New Area Officers	DoubleTree, Midlothian

### 2019

May 4-5, 2019	Spring Assembly	DoubleTree, Midlothian
August 23-25, 2019	VA Area Convention	<a href="#">Westfields Marriott,</a> <a href="#">Washington Dulles</a>
October 19-20, 2019	Fall Assembly	DoubleTree, Midlothian

### 2020

May 16-17, 2020	Spring Assembly	DoubleTree, Midlothian
October 10-11, 2020	Fall Assembly	DoubleTree, Midlothian

### 2021

May 15-16, 2021	Spring Assembly	DoubleTree, Midlothian
October 16-17, 2021	Fall Assembly	DoubleTree, Midlothian